

## NSS Charities

The National Student Survey is a UK-wide survey given to final-year students in higher education which helps students to feedback about their university experiences. Last year, by giving £2 per completed survey, ARU donated over £10,000 to charities! The money was shared between three student-chosen charities: Jimmy's Cambridge, Southeast and Central Essex Mind, and the Peterborough and District Samaritans.

This year, ARU will once more give £2 to charity per each NSS survey completed by ARU students. We are also again given the opportunity to choose the charities who will receive these donations. Below is a shortlist which the Group Chat will vote on to provide a final set of three charities (one local to each campus: Cambridge, Chelmsford, and Peterborough – you will only be allowed to vote on the charities for your campus):

### Cambridge:

- Cam Sight (“supports local people of all ages living with low vision and blindness to live the lives they choose”); [www.camsight.org.uk](http://www.camsight.org.uk)
- Wintercomfort for the Homeless (“for the relief of poverty, sickness, and distress among people who are homeless or at risk of homelessness”); <http://wintercomfort.org.uk/>
- Diverse (also known as the ‘Dales Trust’, “to provide high quality sexual health and HIV support, education and information for all”); <https://www.diverse.org.uk/>
- Arts and Minds Cambridge (also known as ‘Cambridgeshire and Peterborough Foundation for the Arts and Mental Health’, aims to ‘define and demonstrate a role for the arts in maintaining positive mental health by delivering high quality arts opportunities’); <http://artsandminds.org.uk/>

### Chelmsford:

- Essex Sight (part of Essex Blind Charity, “deliver a range of excellent support services to visually impaired people in Essex and the adjacent East London Boroughs” – sight centre in Chelmsford); [www.essexsight.org.uk](http://www.essexsight.org.uk)
- InterAct (“dedicated to improving the emotional well-being and opportunities of young people and young adults with disabilities, primarily learning disabilities/difficulties and autism, and individuals, families and communities who experience barriers through disability, challenging mental health, other disadvantage and social difficulties”); <http://www.interact.org.uk/>
- Cancer Research (“funds scientists, doctors and nurses to help beat cancer sooner and provides cancer information to the public”); <https://www.cancerresearchuk.org/>

### Peterborough:

- Papworth Trust (“helps disabled people achieve equality, choice and independence”); <https://www.papworthtrust.org.uk/>
- Inspire Peterborough (part of ‘Disability Peterborough’, formerly known as ‘DIAL Peterborough’, “promotes sport and leisure activities, as well as promoting Health and Well-being initiatives and support for disabled people and their family members and carers”); <https://www.inspirepeterborough.com/>

- CPSL Mind (Cambridge, Peterborough, and South Lincolnshire; “a values-based, county-wide mental health charity”); [www.cpslmind.org.uk](http://www.cpslmind.org.uk)

The Group Chat is asked to **CONSIDER** and **VOTE** on the above.