

## NSS Charities

The National Student Survey is a UK-wide survey given to final-year students in higher education which helps students to feedback about their university experiences. Last year, by giving £2 per completed survey, ARU donated over £10,000 to charities! The money was shared between two student-chosen charities Cambridgeshire, Peterborough, and South Lincolnshire (CPSL) Mind and Dementia Adventure (Essex).<sup>1</sup>

This year, ARU will once more give £2 to charity per each NSS survey completed by ARU students. We are also again given the opportunity to choose the charities who will receive these donations. Below is a shortlist which Student Council will vote on to provide a final set of three charities (one local to each campus: Cambridge, Chelmsford, and Peterborough):

### Cambridge:

- CPSL Mind (Cambridge, Peterborough, and South Lincolnshire; “a values-based, county-wide mental health charity”); [www.cpslmind.org.uk](http://www.cpslmind.org.uk)
- Jimmy’s Cambridge (“24/7 emergency accommodation and supported housing for those who would otherwise be homeless or vulnerably housed”); [www.jimmyscambridge.org.uk](http://www.jimmyscambridge.org.uk)
- Cam Sight (“supports local people of all ages living with low vision and blindness to live the lives they choose”); [www.camsight.org.uk](http://www.camsight.org.uk)

### Chelmsford:

- SECE Mind (South East and Central Essex; “delivering quality mental health services to people in need”); [www.seandcessexmind.org.uk](http://www.seandcessexmind.org.uk)
- Sanctus (“work with businesses to help them create an open environment where mental health is accepted within their workplace”); [www.sanctus.io](http://www.sanctus.io)
- Essex Sight (part of Essex Blind Charity, “deliver a range of excellent support services to visually impaired people in Essex and the adjacent East London Boroughs” – sight centre in Chelmsford); [www.essexsight.org.uk](http://www.essexsight.org.uk)

### Peterborough:

- Peterborough Soup Kitchen (“aim is to ensure that homeless and disadvantaged people in Peterborough get some hot food and drinks each day, throughout the year, whatever the weather conditions”); [www.peterboroughsoupkitchen.org.uk](http://www.peterboroughsoupkitchen.org.uk)
- Peterborough and District Samaritans (“24/7 listening service provided by volunteers for suicidal callers, by telephone, email, SMS and face to face”); <https://www.samaritans.org/branches/peterborough-district-samaritans>

Student Council are asked to **CONSIDER**

<sup>1</sup> Originally, the students chose Cambridgeshire Mind for Cambridge and Peterborough and Fenland Mind for Peterborough, but these groups recently merged together to form CPSL Mind.