

Trans* participation in Sport 2013

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Union Notes:

1. Anglia Ruskin Students' Union supports 39 clubs across four campuses.
2. Active Anglia looks after competitive sports clubs that compete in BUCS and the Students Union takes care of all recreational sports clubs, however the democratic processes of all clubs are the responsibility of Anglia Ruskin Students' Union.

Union Believes:

1. All sports should allow and actively encourage the participation of trans* students in sports teams.
2. While there was policy in place last year to make students that identify as trans* aware that they are allowed and encouraged to join sports teams, it is an important topic that should be reviewed and talked about regularly.
3. Sport is an excellent way to improve fitness and get active and to make friends and boost confidence.
4. LGBT+ people are a protected minority by the NUS and should not be discriminated against when it comes to participating in sport, or discriminated against at all for that matter.
5. Despite much resistance, trans-people have competed successfully in professional sport; this is a crucial step towards trans-equality.
6. Anglia Ruskin University and the Students' Union is known for being a diverse and accepting university and by putting this policy in place it would be further deserving of that reputation.
7. Other universities, such as the University of Derby already have a similar model in place which encourages transgender students to join their sports teams and live an active lifestyle, the same as any other student.
8. Active Anglia are aware of the policy from the previous year, and are committed to helping promoting equality within all clubs that are looked after by them.

Union Resolves:

1. To make sure all sports teams are aware that they should expressly include trans* students in sport with the Students' Union and Active Anglia.
2. To provide readily accessible information on transgender participation in sport within the Students' Union.
3. To ensure our sports teams actively include trans* students in sport.
4. To actively review policy to ensure trans* rights within sport is continuously upheld.

Trans* is an umbrella term for the following:

Transsexual - A term for people whose gender identity is different from their assigned sex at birth. Often transsexual people alter or wish to alter their bodies through hormones or surgery in order to make it match their gender identity.

Transgender – An umbrella term for people whose gender identity, expression or behaviour is different from those typically associated with their assigned sex at birth, including but not limited to transsexuals, cross-dressers, androgynous people, genderqueer, and gender non-conforming people. Transgender is a broad term.